

February 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Jan. 30 Chicken & Dressing Casserole Mixed Vegetables Tropical Fruit Chunky Applesauce Snickerdoodle Cookie	Jan. 31 Glazed Ham Slice Whipped Squash Vegetarian Baked Beans Pineapple Apple Square	Feb. 1 Beef Tips in Gravy over Mashed Potatoes Chopped Spinach Salad Peaches Vanilla Pudding w/Topping	Feb. 2 Meatloaf Duchess Potatoes Green & Wax Beans Rosy Pears Pecan Pie Bar	Feb. 3 Cranberry Glazed Pork Chop Sweet Potatoes Winter Blend Vegetables Fruit Cocktail Mixed Berry Cobbler
Feb. 6 Chicken Ala King with Vegetables over Rice Aunt Carol's Salad Tropical Fruit Butterfinger Dessert	Feb. 7 Pulled Pork on a Bun Hashbrowns Broccoli Waldorf Salad Lemon Bar	Feb. 8 Baked Fish w/Tartar Sauce Cowboy Potatoes Stewed Tomatoes Peaches w/Cottage Cheese Blonde Brownie	Feb. 9 Lasagna w/Meat Sauce Garlic Bread Dilled Carrots Seven Layer Salad Orange Cookie - Baker's Choice	Feb. 10 Chili with Beans Cornbread Coleslaw Banana Oatmeal Raisin Bar
Feb. 13 Roast Pork Mashed Potatoes Seasoned Squash Pears Scotcheroo	Feb. 14 Pasty w/Gravy Fruit n'Yogurt Salad Apricots Heart Shaped Sugar Cookie	Feb. 15 Sliced Turkey Au Gratin Potatoes Baked Beans Mixed Fruit Angel Food Cake	Feb. 16 Salisbury Steak Ranch Mashed Potatoes Corn Romaine Salad w/Dressing Cheesecake w/Fruit Topping	Feb. 17 Beef Stew over a Baking Powder Biscuit Mixed Greens w/Dressing Apricots Bread Pudding w/Caramel Sauce
Feb. 20 Liver & Onions Baked Potato Italian Blend Vegetables Mixed Berries Frosted Brownie	Feb. 21 Beef Tips w/Green Peppers, Onions & Gravy Mashed Potatoes Brussel Sprouts Pineapple Chunks Mississippi Mud Bar	Feb. 22 Macaroni & Cheese Bake Peas Caesar Salad Mandarin Oranges Seven Layer Bar	Feb. 23 Oven Baked Chicken Breast Scalloped Potatoes Honey Glazed Carrots Broccoli & Raisin Salad Frosted Cake (Baker's Choice)	Feb. 24 Tuscan Bean Soup Egg Salad Sandwich on Whole Wheat Tomato Juice Peach Slices Frosted Pumpkin Bar
Feb. 27 BBQ Shredded Pork on a Bun Oven Roasted Potatoes Boston Baked Beans Tropical Fruit Blueberry Cobbler	Feb. 28 Swiss Steak Parsley Buttered Potatoes Carrots Waldorf Salad Rice Krispie Bar	Mar. 1 Baked Ziti w/Cheese Mixed Vegetables Mixed Greens w/Dressing Banana Cookie – Baker's Choice	Mar. 2 Roast Beef Mashed Potatoes w/Gravy Green & Wax Beans Sunshine Salad Cheesecake w/Fruit Topping	Mar. 3 Baked Cod Cowboy Potatoes California Blend Vegetables Peach Slices w/Cottage Cheese Gingerbread w/Topping

All menus are prepared in kitchens that are not allergen free. We cannot guarantee that food allergens will not be transferred through cross contact and therefore cannot offer a substitution item for food allergies, intolerances or personal food preferences.